

Hands-On Learning Sheet | Reflection Sheet

● Experience Name

Self-Reflection

Write down the things you noticed and what you became more interested in through the experience.

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In what ways was the actual experience similar to and different from your expectations. Write down ① things that were the same and ② things that were different.

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From the things you heard from your guide and the other people you met, write down the things that made an impact on you.

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Year	Class	Name	Group

What did the experience make you want to think more about or find out more about? Write about what kinds of things you'd like to do in the future.

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Group Reflection

Discuss your thoughts with your group and write down the things that your group found the most memorable.

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